



# PostgreSQL

## Design & Development

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Course Editorial Plan

**17**

MODULES

**79**

TOTAL LESSONS

**~35h**

TOTAL DURATION

**3**

LEVELS

### Course Description

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Learn the skills required to design, implement, and develop applications with PostgreSQL. This course prepares you to install, configure, and use PostgreSQL effectively — covering database design, advanced SQL, server-side programming, query optimization, and the extension ecosystem. Oriented toward developers and junior DBAs who want to master PostgreSQL in real-world development contexts.

### Target Audience

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The course is aimed at developers with basic SQL and relational database knowledge, junior DBAs who want to deepen their PostgreSQL skills, and IT professionals who need practical PostgreSQL competencies in development and production contexts.

### Prerequisites

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Basic knowledge of relational database concepts (tables, keys, elementary SQL queries). Familiarity with a Linux or macOS terminal. No prior PostgreSQL experience required.

### Learning Outcomes

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By the end of the course, students will be able to: install and configure PostgreSQL on multiple platforms; design relational databases using native and advanced data types; manage roles, privileges and security; write advanced SQL with CTEs and window functions; implement server-side logic with PL/pgSQL functions, procedures and triggers; optimize queries using EXPLAIN and index strategies; leverage key PostgreSQL extensions (pgcrypto, pg\_trgm, postgres\_fdw).



## Module Index

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#	MODULE	LEVEL	LESSONS	DURATION
01	Introduction & Architectural Overview	Foundation	4	1h 30min
02	PostgreSQL Installation	Foundation	4	1h 30min
03	User Tools — Command Line Interfaces	Foundation	5	2h
04	Database Clusters	Intermediate	4	1h 30min
05	Configuration	Intermediate	5	2h
06	Data Dictionary	Intermediate	4	1h 30min
07	Creating & Managing Databases	Intermediate	6	2h 30min
08	Database Security	Intermediate	5	2h
09	Monitoring & Admin Tools	Intermediate	4	1h 30min
10	SQL Core	Intermediate	6	2h 30min
11	PostgreSQL-Specific SQL	Intermediate	5	2h 30min
12	Transactions & Isolation Levels	Intermediate	4	1h 30min
13	Procedures & Functions (PL/pgSQL)	Advanced	5	2h 30min
14	Triggers	Advanced	5	1h 30min
15	Query Optimization	Advanced	5	2h
16	Extensions Ecosystem	Advanced	4	1h 30min
17	Moving Data	Advanced	4	1h 30min



## Module Details

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### 01 Introduction & Architectural Overview

FOUNDATION  
1h 30min

Overview of PostgreSQL: history, positioning in the open source DBMS market, use cases and high-level architecture.

#### LESSONS

1. What is PostgreSQL: history and open source philosophy 20min
2. Comparison with other RDBMS (MySQL, Oracle, SQL Server) 20min
3. Use cases: OLTP, analytics, GIS, JSON/document store 20min
4. Client-server architecture overview 30min

**Objectives:** Market positioning • Open source ecosystem • Key use cases • Base architecture

### 02 PostgreSQL Installation

FOUNDATION  
1h 30min

Installing PostgreSQL on different platforms. Directory structure, main configuration files and service verification.

#### LESSONS

1. Installation on Linux (Debian/Ubuntu, RHEL/Rocky) 25min
2. Installation on Windows 20min
3. Directory structure and configuration files 20min
4. Starting, stopping and verifying the service 25min

**Objectives:** Linux installation • Windows installation • Directory layout • Service management

### 03 User Tools — Command Line Interfaces

FOUNDATION  
2h

Essential command-line tools: psql, pg\_dump, pg\_restore, createdb, createuser and related meta-commands.

#### LESSONS

1. psql: connection, options, environment variables 25min
2. psql meta-commands: \d, \l, \dt, \copy and others 25min
3. SQL scripts from file and formatted output 20min
4. Client utilities: createdb, createuser, dropdb 20min
5. pg\_dump and pg\_restore: basic usage 30min

**Objectives:** Advanced psql • Meta-commands • CLI utilities • Dump/restore basics



## 04 Database Clusters

INTERMEDIATE  
1h 30min

The PostgreSQL cluster concept (initdb), management of multiple instances and physical data organization on disk.

### LESSONS

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|--|-------|
| 1. What is a PostgreSQL cluster and PGDATA         | 20min |
| 2. initdb: initialization and options              | 20min |
| 3. Tablespace: creation and management             | 25min |
| 4. Managing multiple instances on the same machine | 25min |

**Objectives:** initdb • PGDATA layout • Tablespace • Multi-instance

## 05 Configuration

INTERMEDIATE  
2h

Key configuration parameters in postgresql.conf and pg\_hba.conf. Basic resource tuning and authentication strategies.

### LESSONS

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|---|-------|
| 1. postgresql.conf: structure and main parameters               | 30min |
| 2. Memory tuning: shared_buffers, effective_cache_size          | 25min |
| 3. Connections and authentication: max_connections, pg_hba.conf | 25min |
| 4. Logging: log_destination, log_min_duration_statement         | 20min |
| 5. ALTER SYSTEM and SHOW: runtime configuration                 | 20min |

**Objectives:** postgresql.conf • pg\_hba.conf • Memory tuning • Logging config

## 06 Data Dictionary

INTERMEDIATE  
1h 30min

The PostgreSQL system catalog: information\_schema and pg\_catalog views for inspecting structures, objects and metadata.

### LESSONS

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|--|-------|
| 1. information_schema: tables, columns, constraints        | 25min |
| 2. pg_catalog: pg_class, pg_attribute, pg_type             | 25min |
| 3. Statistics views: pg_stat_user_tables, pg_stat_activity | 25min |
| 4. Practical catalog queries for the DBA developer         | 25min |

**Objectives:** information\_schema • pg\_catalog • Statistics views • Practical queries

## 07 Creating & Managing Databases

INTERMEDIATE  
2h 30min



Designing and creating databases, schemas, tables and data types. Advanced DDL, constraints and dependency management.

**LESSONS**

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|--|-------|
| 1. CREATE DATABASE: encoding, locale, template         | 20min |
| 2. Schemas: organization, search_path, pg_catalog      | 25min |
| 3. Native data types: numeric, text, datetime, boolean | 25min |
| 4. Advanced types: JSON/JSONB, arrays, hstore, UUID    | 25min |
| 5. DDL: CREATE TABLE, ALTER TABLE, constraints         | 30min |
| 6. Indexes: B-tree, Hash, GiST, GIN — when to use them | 25min |

**Objectives:** Full DDL • Schemas and search\_path • Native and advanced types • Indexes

**08 Database Security**

**INTERMEDIATE**  
2h

PostgreSQL security model: roles, privileges, Row Level Security, encryption and best practices for production environments.

**LESSONS**

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|---|-------|
| 1. Roles and users: CREATE ROLE, GRANT, REVOKE      | 25min |
| 2. Object privileges: tables, schemas, functions    | 25min |
| 3. Row Level Security (RLS): policies and use cases | 30min |
| 4. SSL/TLS: configuration and certificates          | 20min |
| 5. Advanced pg_hba.conf: authentication methods     | 20min |

**Objectives:** Roles and privileges • RLS • SSL/TLS • Auth methods

**09 Monitoring & Admin Tools**

**INTERMEDIATE**  
1h 30min

Tools for monitoring performance, connections, locks and slow queries. Introduction to pgAdmin and third-party tools.

**LESSONS**

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|--|-------|
| 1. pg_stat_activity: active queries and sessions | 20min |
| 2. pg_stat_statements: query analysis            | 25min |
| 3. Lock monitoring: pg_locks, pg_blocking_pids() | 20min |
| 4. pgAdmin 4: overview and main features         | 25min |

**Objectives:** pg\_stat\_activity • pg\_stat\_statements • Lock monitoring • pgAdmin 4

**10 SQL Core**

**INTERMEDIATE**  
2h 30min



Foundational and intermediate SQL with PostgreSQL: DML, all JOIN types, subqueries and set operations.

#### LESSONS

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|---|-------|
| 1. DML: SELECT, INSERT, UPDATE, DELETE, MERGE                 | 30min |
| 2. JOINS: INNER, LEFT, RIGHT, FULL, CROSS                     | 25min |
| 3. Correlated subqueries and scalar subqueries                | 20min |
| 4. Set operations: UNION, INTERSECT, EXCEPT                   | 15min |
| 5. Aggregation: GROUP BY, HAVING, FILTER                      | 20min |
| 6. NULL handling and conditional expressions (CASE, COALESCE) | 20min |

**Objectives:** Full DML • All JOIN types • Subqueries • Aggregation • Set operations

## 11 PostgreSQL-Specific SQL

INTERMEDIATE  
2h 30min

Advanced SQL features that make PostgreSQL stand out: CTEs, window functions, LATERAL joins and full-text search.

#### LESSONS

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|---|-------|
| 1. CTE (WITH) and recursive CTEs                          | 30min |
| 2. Window functions: OVER, PARTITION BY, ROW_NUMBER, RANK | 35min |
| 3. LATERAL joins: use cases and patterns                  | 25min |
| 4. Full-text search: tsvector, tsquery, GIN index         | 30min |
| 5. JSONB operators and path queries                       | 30min |

**Objectives:** CTEs and recursive CTEs • Window functions • LATERAL joins • Full-text search • JSONB queries

## 12 Transactions & Isolation Levels

INTERMEDIATE  
1h 30min

Transaction management in PostgreSQL: concurrency control, isolation levels, MVCC and practical patterns for developers.

#### LESSONS

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|--|-------|
| 1. BEGIN, COMMIT, ROLLBACK, SAVEPOINT                              | 20min |
| 2. MVCC: how PostgreSQL handles concurrency                        | 25min |
| 3. Isolation levels: READ COMMITTED, REPEATABLE READ, SERIALIZABLE | 30min |
| 4. Locking strategies: FOR UPDATE, SKIP LOCKED, advisory locks     | 25min |

**Objectives:** Transaction control • MVCC internals • Isolation levels • Locking patterns

## 13 Procedures & Functions (PL/pgSQL)

ADVANCED  
2h 30min



Server-side programmability with PL/pgSQL: writing functions, stored procedures, control structures and error handling.

#### LESSONS

1. PL/pgSQL fundamentals: block structure, variables, types 25min
2. Writing functions: scalar, set-returning, polymorphic 35min
3. Stored procedures: CREATE PROCEDURE, CALL, transaction control 25min
4. Control structures: IF, LOOP, FOREACH, RETURN NEXT 25min
5. Exception handling and RAISE 20min

**Objectives:** PL/pgSQL syntax • Functions • Stored procedures • Control flow • Error handling

## 14 Triggers

**ADVANCED**  
1h 30min

Trigger design and implementation: row-level and statement-level triggers, event triggers and common patterns.

#### LESSONS

1. Trigger concepts: BEFORE, AFTER, INSTEAD OF 20min
2. Row-level vs statement-level triggers 20min
3. Trigger functions: OLD, NEW, TG\_ variables 25min
4. Event triggers: DDL-level automation 20min
5. Common trigger patterns and anti-patterns 25min

**Objectives:** Trigger types • Trigger functions • Row vs statement level • Event triggers • Design patterns

## 15 Query Optimization

**ADVANCED**  
2h

Understanding and improving query performance: reading query plans, statistics, index strategies and optimization techniques.

#### LESSONS

1. EXPLAIN and EXPLAIN ANALYZE: reading query plans 30min
2. Planner statistics: pg\_statistic, analyze frequency 20min
3. Index strategies: covering indexes, partial indexes, expression indexes 30min
4. Common performance pitfalls and how to fix them 25min
5. Query rewriting techniques for better plans 15min

**Objectives:** EXPLAIN/ANALYZE • Planner statistics • Index strategies • Performance patterns

## 16 Extensions Ecosystem

**ADVANCED**  
1h 30min



The PostgreSQL extension model: how extensions work, the CREATE EXTENSION lifecycle, and hands-on with three essential extensions.

#### LESSONS

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|---|-------|
| 1. Extension architecture: CREATE EXTENSION, pg_extension catalog | 20min |
| 2. pgcrypto: hashing, encryption and password management in SQL   | 25min |
| 3. pg_trgm: fuzzy string matching and similarity search           | 25min |
| 4. postgres_fdw: querying remote PostgreSQL instances             | 30min |

**Objectives:** Extension model • pgcrypto • pg\_trgm • postgres\_fdw

## 17 Moving Data

**ADVANCED**  
1h 30min

Techniques for importing and exporting data: COPY, foreign data wrappers and strategies for bulk loading.

#### LESSONS

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|--|-------|
| 1. COPY and \copy: CSV, binary, stdout/stdin             | 25min |
| 2. Bulk load strategies: unlogged tables, index deferral | 25min |
| 3. Logical replication for live migrations               | 25min |
| 4. pg_bulkload and mass loading best practices           | 25min |

**Objectives:** COPY command • Bulk load patterns • Logical replication • Migration strategies